Annual report 2025

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The Foundation
Women for Change International is a women-led organization that aims for a world where marginalized and underprivileged individuals, groups, and communities particularly women, youth, and children can enjoy their human rights.

Our Mission:
- To empower women and strengthen the capacity of women and young women to be active agents of change in their societies. Empowerment through education, mental health support and coaching.
- To launch and carry out high-level advocacy and lobbying campaigns to rally domestic and global support for the rights of women, girls, and children.
- To strengthen the capacity of youth- and women-led civil society councils and organizations.
- To encourage the social and political engagement of female activists.
- To encourage female academics by giving them access to scholarships and other forms of education.
- To hold roundtables, forums, seminars, workshops, and conferences at the national, regional, and worldwide levels to advocate for and increase awareness of marginalised women and girls.
- To launch and carry out initiatives for the participation of young women in peacebuilding and conflict resolution.

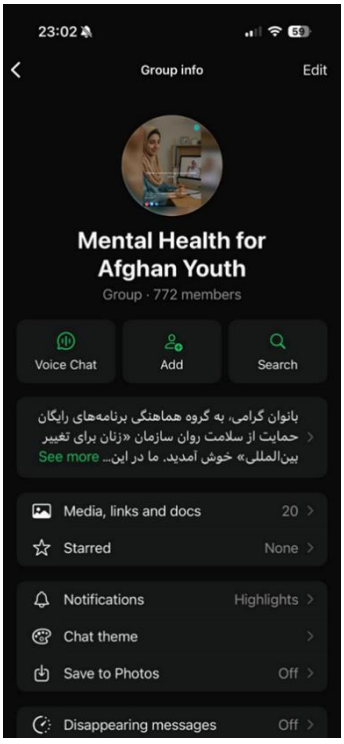
The Women for Change International Organization, while newly established, builds upon a strong foundation of advocacy and activism rooted in the impactful work of the Young Afghan Women's Movement. Founded by Afghan women's rights advocate Husna Jalal and other young women's rights activists, the Young Afghan Women's Movement has been an active digital platform for the past three years, amplifying the voices of young Afghan women and advocating for their rights on the international stage. With the fall of Kabul in 2021, Husna

Jalal relocated to the Netherlands, where she expanded her efforts and engaged with Dutch feminist groups and civil society organizations. Based on the recommendation of these partners, the formalization of the Women for Change International Organization was seen as a necessary step to broaden the scope of this advocacy, pursue funding opportunities, and initiate larger-scale projects that extend beyond Afghanistan.
Although the foundation itself is new, Husna Jalal brings a wealth of experience to this endeavor through her previous work with a range of organizations. As the former employee of the Jalal Foundation, she led numerous initiatives within Afghanistan and abroad, working in places like Turkey, Dubai, and Istanbul. Her projects have consistently focused on fostering dialogue among women and providing training in areas of peace and security, notably with organizations such as WO=Men, Belink, and Nuffic. This extensive track record demonstrates a longstanding commitment to empowering women and creating inclusive platforms for dialogue.

Activities in 2025
After the registration of WfCI at the Dutch Chamber of Commerce both Antoinette van den Haak and Ans Laven joined the board. The organization opened a bank account and started acquiring funds. Proposals were written for the Dutch Ministry of Foreign Affairs and several departments of Soroptimist Netherlands.
The Dutch Ministry of Foreign Affairs awarded funding for a mental health project.

Website
To inform the public of our activities WfCI launged a website. The website is still partly under construction.

Dutch ministry of Foreign Affairs (MoFA)



The MoFA accepted the proposal for a project for Mental Health Support for Young Afghan Women. WfCI started the activities in August 2025. By the end of 2025 over 770 people where part of the special WhatsApp group.

This project provides a Digital Mental Health Platform.
A plethora of digital tools have shown potential in addressing mental health problems. For instance, mobile phone and internet programs that use coaching, therapist-guided, and self- guided techniques have been shown to reduce depressive symptoms and anxiety in controlled clinical trial settings. This proposal is aiming at creating a Safe space as a Connecting Bridge between users. This Safe Space has unlimited access to other participants and therapists via texts, voice messages, and/or videos within their secure application. Members can also schedule video or phone sessions with a therapist as needed. While traditional 50-minute sessions are available, much care is delivered in small bites, allowing therapists to care for more patients and have more flexible schedules.
This Mental Health Platform is easily accessible and aims at addressing low-acuity mental health care needs, such as mild depression or anxiety. Patients are escalated to a therapist or physician if they request it. Coaches and professionals focus on needs including stress management, goal attainment, and recovering from loss using tools such as motivational interviewing. By addressing less acute issues directly and triaging people to therapists or physicians as needed, the Mental Health Platform provides scalable, cost-effective support.

The Mental Health Platform Afghanistan project is designed to address the acute mental health crisis in Afghanistan, particularly in the aftermath of the fall of Kabul. This initiative will contribute significantly to social cohesion by creating a secure, inclusive, and supportive digital space that caters to the mental health needs of Afghan young women, ut may also include young men. By doing so, the project not only aims to improve individual well-being but also to foster a more stable and inclusive society.

Lectures
Husna Jalal gave several lectures to Dutch organizations. She also attended several international venues.

Communications
In 2025 WfCI launched their website https://womenforchangeintl.org/ and opened an Instagram account.
https://www.instagram.com/wfci.official?igsh=MW9qMmVjOTIybnV6aw==

Financial statement
In 2025 WfCI received funds from the Dutch Ministry of Foreign Affairs for the Mental Health Project.
The 2025 expenditure was for Zoom sessions and mental healthcare sessions.

WfCI received several donations, which were used for building the website. Money is reserved for the allocated donation for English lessons.

2025 was closed with a positive result, which will be carried forward to 2026.